



*'Jamie & Izzy both have cerebral palsy & need £50,000 for SDR surgery to help them walk'*

### ABOUT HUGS

HUGS are a new UK children's charity based in East Grinstead.

Financially we give grants to other fund-raisers aimed at children, we purchase specialist equipment to aid a disabled child's life and also give young carers a 'special treat' to say thank you for all the hard work they do.

We offer a 24/7 emotional support system where we help support young teenagers with drink/drug related issues, teen pregnancies and sexuality.

We are also here to give parents a helping hand, a kind ear, or a HUG when they need it most.



*Sophie has had SDR, but needs on-going funding for physio which has to be funded privately.*

*Emily is a young carer, who wants to feel like a normal child for just one day*



### WE NEED YOUR SUPPORT

We get no government funding and rely on our own fund-raising projects and the generosity from others, If you are about to embark on your very own fund-raising project please consider HUGS as your chosen charity. Thank You.

### **Help Us Give Support**

*Together we can make a difference*

[www.hugs-uk.com](http://www.hugs-uk.com)

Telephone; 01342 315976

Email; [hugs-uk@hotmail.co.uk](mailto:hugs-uk@hotmail.co.uk)

One in four young gay teenagers will contemplate or attempt suicide, HUGS aims to stop this & offer a 24/7 support network for all gay teen's. We are only a phone call away.

Telephone; 01342 315976

Young carers are often forgotten about & many not only have to help with the personal care of a parent or sibling, in many cases they have to do the shopping, cooking, cleaning, washing, giving medication as well as going to school and trying to be a child.

HUGS give a 'special treat' to young carers, to say thank you for all the hard work they do.

**TOGETHER WE CAN MAKE A  
DIFFERENCE**

[www.hugs-uk.com](http://www.hugs-uk.com)

More & more families have to privately fund-raise for operations both in this country & abroad to improve the quality of their children's lives. HUGS give grants to help them reach their target amount

Email; [hugs-uk@hotmail.co.uk](mailto:hugs-uk@hotmail.co.uk)

More & more teenagers are suffering from depression, stress, eating disorders, drink & drug related issues than ever before.

HUGS are on hand to get them the help they need, so they can enjoy their teenage years.

*'Remember the story of Peter Pan....It's the happy thoughts that make you fly....'*



HELP

US

GIVE

SUPPORT